



The Catholic Women's League of Canada
London Diocesan Council



To: All Parish Presidents, Education and Health Chairpersons, OPC Education and Health Chairperson,
CC: London Diocesan Council
From: Mary Bannon, First Vice-President, Education and Health

Directive #4 November 2020

Life is fragile and short and worth all the loving presence we can bring to it.

Rebecca Kushins



HEALTH; I thought that with the latest health issue in my life I would like to talk about the importance of breast screening. I have been involved in the program since I turned 50, never expecting such a personal experience with breast cancer. My screening notice came in February this year and then Covid 19 struck and the hospital kind of “shut down” that unit. At the end of September I had the appointment with a follow up ultrasound and needle biopsy. Within 3 days my family doctor informed me that they had found a cancer growth the size of a kernel of corn. I can see the hand of God at work since perhaps the growth would not have shown up if I had been screened in March. At the end of October I had day surgery for a lumpectomy and check of lymph nodes. Radiation is supposed to follow. I am healing well, quite hopeful for a good recovery. Thanks to all for your cards and prayers. So, I urge you to regularly check your breasts and have mammograms. Your health is important!

May you be blest with joy and hope this Christmas

Mary